



## Press Release

For Immediate Release  
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For More Information  
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# Live Coaching Event Hosted in Redondo Beach

Los Angeles, CA—Source Point Training, a California-based coach training and leadership development company is hosting a "Coaching Boot Camp" event, Wednesday, May 12, 7 p.m., at the Redondo Beach Elks Lodge. This free event provides an opportunity for individuals to receive personal or business coaching, by professional coaches in a live environment.

"We look forward to hosting this event in the South Bay this Wednesday. It received rave reviews from individuals that participated in our Granada Hills and Valencia events over the last few months," says Kelly Mobeck, Director of Leadership Source, a division of Source Point Training that sponsors the event. "We encourage individuals to come to the coaching event with a personal goal in mind. Our professional coaches work with small groups, to assist the participants in refining their goals and creating their action plan to move it forward."

The Coaching Boot Camp provides interactivity, allowing participants to experience personal coaching in a dynamic venue. "It was the best two hours I've invested in myself for a long time," says Jessica DeBerry Ries, who attended the Granada Hills event. "It was awesome to have someone listen to what I want, and then to receive coaching so I could plan how I was going to achieve my goal. I didn't realize coaching was so powerful."

"Coaching is a collaborative relationship with a professional who has many hours of training and experience working with individuals," says Barbara Fagan, President of Source Point Training, based in Healdsburg in Sonoma County. "A coach assists you to look forward and explore what you want, examine what gets in your way and then helps you find your own answers and path to achieve your goals and the changes you want to make. The coaches participating Wednesday night are graduates of our coaching programs at Source Point Training."

"Coaching Boot Camps also give participants an opportunity to learn more about our ten-week leadership training and coaching program, Leadership Source," continues Mobeck. "But the main intention is that individuals leave the Boot Camp inspired and on a path to achieving their goal." For more information on future Coaching Boot Camps and related webinars, visit [www.SourcePointTraining.com/events/upcoming-webinars](http://www.SourcePointTraining.com/events/upcoming-webinars).

The Coaching Boot Camp will be held Wednesday, May 12, 7-9 p.m. at the Redondo Beach Elks Lodge located at 315 Esplande, Redondo Beach, CA, 90277. Register free online at [www.CoachingBootCamp.eventbrite.com](http://www.CoachingBootCamp.eventbrite.com) or email [Kelly@SourcePointTraining.com](mailto:Kelly@SourcePointTraining.com)

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### About Source Point Training

Source Point Training is a leadership and coach training company founded in 2009 by Barbara Fagan and Lou Dozier, both veterans in the industries. The company provides experiential and inspirational leadership, coach and facilitator trainings, approved by the International Coach Federation, as well as weekend workshops in both personal and business development. The company delivers high-level content and rich information through trainings, its website and social media. Learn more at [www.SourcePointTraining.com](http://www.SourcePointTraining.com).